



Stallion's News



September 2014 Witness to community

We're Going Back To School



 **JESUS
LOVES ME!**

WELCOME BACK STALLIONS!

Welcome back to all of our returning Stallions and a special welcome to all our new students and staff. St. Ann's is an AMAZING school filled with incredible students and a very caring community. SO much is already planned in hope of providing the best experiences to nurture our faith, build our minds and keep our bodies healthy and strong.

Construction occurred over the summer months and we hope that all will be completed during September. The office's made a switch, the library opened up, staff washrooms added and classrooms moved in hopes of making the school a more incredible place to learn and grow together.

I wish everyone a fantastic school year, look forward to all we will accomplish and are truly blessed to have Fr. Paul MacNeil as our priest.

Mrs. Cybula, Principal

The Niagara Catholic District School Board, through the charisms of faith, social justice, support and leadership, nurtures an enriching Catholic learning community for all to reach their full potential and become living witnesses of Christ.

CATHOLIC SCHOOL COUNCIL – SEPTEMBER 10th Voting Meeting

The first meeting for this school year is on Wednesday September 10th 2014 at 6:30pm. Nomination forms are included with this newsletter. Please submit nominations to Mrs. Cybula by September 10th 9:00am or bring with you the nomination to the meeting. Looking forward to another fantastic school year.

2014-2015

School Phone:
905-892-3942

School Fax:
905-892-0204

**ALTERNATE DRESS
CODE DAYS:**

SAFE ARRIVAL

If a student is absent, the school must be informed by 8:50am via the school's answering system (24hrs). Student safety is paramount and every effort will be made to contact alternate and/or emergency numbers to determine why the student is absent.
905-892-3942

STUDENT SIGN OUT

On occasion students need to leave during the school day for appointments. All students must be signed out by an adult before being allowed to leave the school. Please write in the agenda if your child needs to be picked up early.

SCHOOL HOURS

9:00 morning bell
11:47: 12:27 lunch
3:14 dismissal

FOOD DAYS

PIZZA DAY –OCTOBER 2nd

FAITH LEADS US

CLASS MASS: 9:30am

Wednesday June 10th 9:30am – Whole School Opening Mass

Classes will attend weekly masses throughout the school year on Wednesday at 9:30. The classes will be listed in the monthly newsletter

September 24th – Gr. 1/2 Tremeer/Schaefer Class

PARISH NEWS

September 7th – Sundae Sunday for schoolchildren

Sept 9th – Tuesday Bingo resumes, church hall

Sept 17th – Confirmation – parent meeting at church 7pm



892 Canboro Rd
Fenwick ON, L0S 1C0
st.ann.pel@ncdsb.com

Principal: Mrs. A Cybula
Pastor & Trustee:
Fr. Paul Mac Neil

Superintendent:
Mrs. L Forsyth-Sells

CODE OF CONDUCT

1. Be safe (no body contact)
2. Show respect (through words and actions)
3. Be honest & help one another

DRESS CODE

Navy bottoms - Navy and/or white top (with collar). For full details visit www.niagaracatholic.ca

LATE ARRIVALS

All students are expected to be on time, however if your child arrives after the bell **9:00am (AM)** he/she is to report to the main office. Your child is important to the learning environment and to attend school regularly. Persistent lates/absences may require the attendance counselor to be involved.

YARD SUPERVISION

St. Ann's staff begins morning yard supervision at 8:45 am. Parents are reminded that students should not be at school earlier than 8:45am. Your cooperation is appreciated

BUSES CANCELLED PLEASE CALL IN YOUR CHILD'S ABSENCE.

Please call the school to report your child will be staying home when buses are cancelled. Even though this day is not counted as an absence for your child, we still are required to make sure your child is safe at home. Thank you for your cooperation. Phones lines are open 24hrs. In the event the phones are not in-service please email the school at st.ann.pel@ncdsb.com

NEWS & EVENTS

STALLIONS AMAZING STAFF 😊

Early Years- ELKP: Mrs. Mastroianni (Teacher), Rebecca Caza (ECE),
GRADE 1/2: Mrs. Tremeer (AM), Mrs. Schaefer (PM), GRADE 2: Mrs. Jackson,
GRADE 3: Ms. Colitti

Junior/Intermediate- Gr. 4: Mrs. Coyne, Gr. 5/6: Mr. Kuczera, Gr. 7/8: Mrs. Couturier

FSL: Monseigneur Hart **ERT:** Mrs. Buri-Peyton **EAs:** Mrs. Simmonds, Ms Biernacki, Miss Sinnett

Librarian: Mrs. Caporicci (Day 1, 3 every other Day 5) **Secretary:** Mrs. Handley

Custodian: Mrs. Grenier **Principal:** Mrs. Cybula

ANAPHYLAXIS AWARE @ ALL NCDSB SCHOOLS

ANAPHYLAXIS POLICY

At the beginning of every school year, we remind all students and parents/guardians of our Board's Anaphylaxis Policy. At St. Ann Catholic we have Emergency Guidelines, which clearly state what medical procedures must occur for those students who have various life-threatening medical conditions. We are reminding all students and parents/guardians that we have students in our school who are known to have a potentially life-threatening allergy called Anaphylaxis. Anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death. While fatalities are rare, anaphylaxis must always be considered a medical emergency requiring immediate treatment. Symptoms of anaphylaxis generally include two or more of these four body systems: skin, respiratory, gastrointestinal and/or cardiovascular. However, low blood pressure alone (i.e. cardiovascular system), in the absence of other symptoms, can also represent anaphylaxis. Breathing difficulties and low blood pressure are the most dangerous symptoms and both can lead to death if untreated. Anaphylaxis is an unpredictable condition as signs and symptoms can vary from one person to the next and from one episode to another in the same person. In Canada, the most common food allergens that cause anaphylaxis are: peanut, tree nuts (almonds, Brazil nuts, cashews, hazelnuts, macadamia nuts, pecans, pine nuts, pistachios, walnuts), milk, egg, seafood (fish, shellfish, crustaceans), soy, wheat, mustard and sulphites (a food additive). Anaphylaxis requires immediate first aid response and immediate medical intervention.

I ask respectfully that families cooperate by enjoying peanut/tree nut-containing products at home (please do not send to school).

1. **All foods must be eaten in the classroom – absolutely not outside or on the bus.**
2. Food is not to be shared with other students.
3. Utensils are not to be shared with other students.
4. Hands are to be washed before and after eating with soap and water.
5. Dispose of all food refuse properly.

On behalf of the students and their parents/guardians, I thank you for your co-operation

POLICY VETTING

For policies being vetted please go to www.niagaracatholic.ca, go to policy tab and then select the area for vetting. All feedback is sent to Jennifer Brailey.

Bullying Intervention Policy (302.6.8) – submit feedback by September 11, 2014

PLAYGROUND STRUCTURE EXPECTATIONS – Gr. 1-3 open all recesses



(approved for use age 6 and above)

1. Have fun! Keep Active!
2. Slide down the slides – please don't walk up them
3. Monkey bars are great for moving across but not for hanging upside down
4. Tag type games are great for the field – not on the playground structure

FALL FAIR OCTOBER 3 2014



We are looking for items listed below – those from nature and items which celebrate our farming culture in Fenwick. There are many people who go without food or struggle to find food in our country and world. For the Fall Fair 2014, we are trying to reduce the amount of food waste from this event and are limiting the number of perishable entries.

Categories are:

- **Flower arrangements** with school theme, Sailing away – floating flower arrangement
- **Break time** – wild flower arrangement in a teacup
- **Go team go** – arrangement of flowers for favourite sports team
- **Scary Night** – flower arrangement with Halloween theme, **Largest Zucchini** – trophy to be won! Based on mass
- **Funniest shaped beet, Longest bean, Biggest leaves** – Oak, Maple, etc
- **Biggest sunflower head, Smallest tomato** (not one that is rotting)
- **Twin vegetables** – two vegetables that have grown as one, **Tallest corn stalk, 3 very colourful gourds**
- **St. Ann Stallion arrangement** – items from flowers/wild flowers, twigs, etc any non-food item you wish to use – looking for most creative, **Inuksuk** – made from rice-Krispy squares – most creative wins.

STUDENT INFORMATION EMERGENCY FORMS



On September 4th each student will receive their current Emergency Contact Information and Consent Form. Please review and this information carefully and make the necessary changes. Please return this form to your child's classroom teacher by September 18, 2014 (even if there are no changes). This information is what we use to contact you through our phone system and during emergencies.

AGENDA'S



NCDSB has prepared 3d student agendas for all elementary students. This is a very successful organizational tool for student to keep track of assignment and for parents to communicate with the school. Please sign and return the Parent & Student Commitment form included in the agenda by September 18, 2014. We are asking for a \$5.00 donation for the agendas.

MEDICATIONS IN SCHOOL



Policy 302.2 guidelines set by NCDSB policy concerning the administration of medication in schools states:

1. Medication must be in the container provided by pharmacist, label must include student name, name of doctor and strength of medication
2. Written permission signed by parent/doctor
3. All medication must be stored at the office.

If your child requires the use of Tylenol/Advil for headaches etc. that could occur during the day – please request a medication permission form for your child's doctor to complete. We are unable to administer over the counter medication at the school without this permission.



DONATIONS TO THE SCHOOL

Later this month, families will receive a donation request form – if you prefer to make a donation to the school to support Technology, student learning materials, phys-ed equipment – you can complete this form. You will receive a tax receipt for donations greater than \$20.00 for your generosity. This is another option for families to support the school.



MAGAZINE FUNDRAISER – Kick off September 11th 9:30am

Magazine kick-off will begin September 11th and families are welcome to attend the assembly. Forms will be sent home with the students. This is an important fundraiser for the school and raises most of the money that is needed for the many extras we provided during the school year. We hope you are able to support the school through our magazine fundraiser.



PERSONAL ELECTRONIC DEVICES

We strongly encourage students in Grades 6-8 to bring their own devices to school. Cell/smart phones, tablets etc. are eligible for appropriate student use in wireless enabled common areas of the school. These devices will only be used during instructional time. Devices will be turned off during recess (when it is indoor) and not be allowed outside. For students who like to read books/etc. that are on his/her device – the library will be open Day 1, Day 2 and every other Day 5 during all recesses and outdoor lunch times.

CLASS ORGANIZATION

As we start new school year, new students are registering and some students have moved out of the area and are attending another school. As a result there may be a situation where classes need to be adjusted to accommodate class sizes. If your class is affected, you will receive notification from the principal.



BUSING & BUS SCHEDULES

Busing schedules can be found on NSTS website through www.niagaracatholic.ca. You will need your child's OEN number found on report cards. You can sign up for cell phone notifications in the event the bus is late due to a delay. On occasion your child may be picked up instead of taking the bus – please notify the school in writing/phone call prior to 2:30pm (agenda or note) if your child is not taking the bus. Without notification by the parent/guardian, bus students will need to take the bus home. Thank you for understanding.



BIRTHDAY/CELEBRATIONS

Nutrition and healthy eating awareness is a focus within Niagara Catholic School. The Nutrition Policy helps to ensure that our youth stay healthy and learning to make healthy food choices. If your child is celebrating a birthday on a school day, the office will announce birthday's in the morning. We ask that "sweet" treats are kept at home for family celebrations.

MAD SCIENCE KICK OFF – SEPTEMBER 26th

Students will be participating in a Mad Science assembly at 2:00. Registration due by October 7, 2014. Program starts November 4th – after school and runs Tuesday's 3:20 – 4:20 until December 9th 2014.



Subsidized Mad Science Programming

Like principals and teachers, Mad Science recognizes that it is often the kids that can least afford an enrichment program that benefit the most from it. We know that not all families are able to afford to send their kids to the Mad Science Club when it arrives at the school. In the past, there has been little that we have been able to do about this inequity. Happily, things have changed. Through PRO Kids, families that are receiving government support through Niagara Housing, Ontario Works, the Ontario Disability Support Program, or Childcare Subsidy can be enrolled in a Mad Science Club program at no cost to the family. Mad Science of Niagara is excited to announce our partnership with PRO Kids, where the registration fee is covered entirely by a combination of PRO Kids funding and Mad Science of Niagara subsidy.

Families that are already receiving support through these programs are eligible:

Ontario Works (OW), Ontario Disability Support Program (ODSP), Regional Childcare Subsidy, Niagara Regional Housing (NRH) –not all those in NRH may qualify)

How to Get Funding

Call 905-984-6900 ex 3797 to confirm your eligibility and arrange for a PRO Kids coordinator to contact you. The process can take up to 2 weeks, so start early. Then, call the Mad Science lab at 905-937-1878, so that we can properly coordinate with PRO Kids.



**Family Mental Health Education Workshops
Fall 2014**

The Family Mental Health Support Network of Niagara is pleased to offer Mental Health Education Workshops. There is no fee to attend these workshops.

These mental health education workshops are intended for families and significant others who have an adult relative who is dealing with a serious mental health problem and/or co-occurring disorder.

Topics include: concurrent disorder (mental illness and substance abuse), motivational helping skills, coping skills, communicating with the ill family member, keys to wellness, community resources, medications, non-violent crisis intervention, self-care for the caregivers and more.

Our Program Commitment is to educate and assist with:

- Self-care for the caregivers
- Understanding the symptoms (schizophrenia, mood and anxiety disorders)
- How to navigate the health care system to get the best services available for your ill family member.
- Private and confidential counselling available in the privacy of your own home for family members and / or the person in recovery.
- Hours of Service: Evenings, days and 2 Saturdays each month.

Workshops are offered as follows:

Tuesday Nights

Niagara Falls: Sept 30, Oct 7, 14, 21
and again Oct 28, Nov 4, 18, 25 (7:00-9:00 P.M.)

Wednesday Nights

St. Catharines: Sept 10 - Dec 17 (7:00-9:00 P.M.)

Thursday Nights

Fort Erie: Sept 11, 18, 25, Oct 2 (7:00-9:00 P.M.)

Port Colborne: Oct 9, 16, 23, 30 (6:00-8:00 P.M.)

Welland: Nov 6, 13, 20, 27 (7:00-9:00 P.M.)

REGISTRATION IS REQUIRED (905.894.6808)

For more information Email: contact@familysupportniagara.com or visit www.familysupportniagara.com

WARM WEATHER DRESS CODE REMINDER

Please check the weather forecast in the morning to be sure your child is dressed for the unpredictable of the weather. You may wish to pack extra clothes, especially socks, in the event your child needs to change. All students will be going outside for recess when weather permits. **Please ensure you send extra clothes in case your child gets muddy from a slip/fall in the soccer field.** As a friendly reminder – all shirts must have a collar (solid blue/white) – unless former spirit wear from a previous year. All pants/shorts/skirts/dresses/jeans are dark solid Navy. Shoes are strongly encouraged to be closed toe and socks need to be worn as well. As the weather warms, please ensure that short/skirts must be of respectable length, shirts must follow the dress code – solid white/navy with collar, any sweaters worn in the classroom must be solid navy/white or from our Spirit Wear collection. For more information please see www.niagaracatholic.ca Dress Code Policy for more detailed information.



REPORT
your child's
vaccination
ON TIME

Don't Get Caught
Without Your
Shot!

Attention Parents of Children under 18!

- 1 LOCATE** your child's immunization record. If it is missing, contact your child's family doctor or other health care provider who has immunized your child.
- 2** Have your doctor **CHECK** your child's immunization record and give any immunizations that are missing or book an appointment at a Niagara Region Public Health immunization clinic.
- 3 REPORT** any immunizations your child receives to Public Health.

www.niagararegion.ca/vaccines
905-688-8248 or
1-888-505-6074 ext. 7425

ImmunizeCA is a new, free bilingual mobile app created to help Canadians keep track of their immunizations.
<http://immunize.ca/en/app.aspx>

Niagara Region

*Adapted with permission of KFL&A Public Health

From your school nurse – Brenda Desjardins x7633

Did you know that every elementary and secondary school in Niagara has a school nurse?

The school nurse provides teachers, parents and students support and resources on health related topics, including:

- Healthy eating, Physical activity, Tobacco use prevention, Parenting, Mental and emotional health, Puberty and sexual health, Drugs and alcohol

To learn more about the school nurse call 905-688-8248 or 1-888-505-6074 ext. 7379 or visit www.niagararegion.ca search school nurse

CHANGES TO SCHOOL IMMUNIZATION REQUIREMENTS

The Immunization of School Pupils Act is a law to protect the entire community. Changes have

been made to this law to improve the health and safety of Ontario's school children.

To attend school, your child is now required to be immunized for:

- Varicella (Chicken Pox), • Pertussis (Whooping Cough), • Meningococcal Disease
- Dose requirements and the time between shots have also been updated for the following:
• Tetanus, • Diphtheria, • Polio, • Mumps

The requirements for measles and rubella have not changed, for more information please go to www.niagararegion.ca/vaccines

GRADE 7 & 8 IMMUNIZATIONS – OCTOBER 3 2014

Every year, grade 7 and 8 students can receive free vaccinations from a public health nurse in their school, starting in September.

Grade 7 Vaccinations

- Hepatitis B
- Meningitis

Grade 8 Vaccinations

- [Human papillomavirus](#) - females only

Consent Forms Given to Students at School

Students receive an information package - including a consent form - from their school nurse in September. Students must return a consent form signed by both their parent/caregiver and themselves. **If you do not consent** to the vaccinations, indicate this on the form, sign it and return the form to their teacher by the due date indicated.



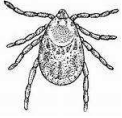
HEAD LICE INFORMATION

Head lice continues to be an ongoing issue, especially in school-aged children. Anyone can get head lice. It has nothing to do with whether you have clean or dirty hair, or the cleanliness of your home. Over the summer, head lice have been spreading mainly by head-to-head contact especially as children have been enjoying summer activities. Head lice will continue to spread at school and during after school activities causing a frustrating year-long problem, unless we have every family's co-operation to get rid of them completely.

Everyone in your house who you find has lice must be treated on the same day. There are many head lice products available from your pharmacy. Read all instructions carefully and follow them step by step. No lice product kills all of the eggs, so a second treatment 7 to 10 days after the first treatment is needed. This will kill any newly hatched lice. Removing the eggs with a head lice or fine-tooth comb or manually helps reduce the number of lice.

New products are available that do not contain traditional insecticides. You can also use the Wet Combing method - call the number below or go to website for instruction sheet.

Students who have lice will be sent home and may return to class after being checked by the principal or trained staff member to ensure there are no live or new nits that could hatch in your child's hair.



Ticks are tiny bugs the size of a sesame seed. They do not fly. Ticks are found on the ground, on tall grass and bushes and attach themselves to animals and humans passing by. Blacklegged ticks can carry bacteria that causes Lyme Disease. **Protect Yourself and your Child from Tick Bites:**

- **Dress in light coloured clothing to easily spot ticks**
- **Wear long sleeved shirts and pants when walking in wooded and bushy areas. Tuck in loose clothing. Have your child wear shoes that cover the entire foot.**
- **Spray insect repellent that contains DEET on exposed skin and clothing. Always follow manufacturer’s instructions**
- **Check yourself and your child’s skin for ticks after outdoor activity. Tick bites are usually painless, so your child will likely not feel the tick**
- **Cut your grass and dispose of leaf litter where ticks can live**

You can report ticks to the Public Health Department by: Placing the tick in a screw top bottle, Bring the tick to a Public health Office to be identified

If your child has a tick on them during the school day the school will use all contact information to determine how the family would like to proceed. Some staff are comfortable and willing to remove the tick with parental permission. Public Health indicated that it takes 23-36 hours for the parasite to transfer into a human once the tick latches onto the body. Every effort will be taken to ensure your child’s safety..



CALL FOR NOMINATIONS
NIAGARA CATHOLIC PARENT INVOLVEMENT COMMITTEE (NCPIC)
MEMBERSHIP 2014-2015



In keeping with the Mission, Vision and Values of the Niagara Catholic District School Board, the Niagara Catholic Parent Involvement Committee (NCPIC), is a regional body of representative stakeholders, that supports the Mission of Catholic Education and the Mission of the Niagara Catholic District School Board, by providing a communication link to parents/guardians, Catholic School Councils, the Director of Education, and the Board of Trustees.

The Niagara Catholic Parent Involvement Committee membership is made up of parents/guardians, community and student representatives, the Bishop of the Diocese of St. Catharines or his appointed representative, Principals, teachers, and support staff, the Director of Education or Designate, the appointed Superintendent of Education, and Trustees. The Niagara Catholic Parent Involvement Committee meets on a bi-monthly basis.

Eligibility of Membership:

To be eligible for election/appointment to the Niagara Catholic Parent Involvement Committee:

- must be a parent/guardian of a student enrolled in a Niagara Catholic District School Board school
- must reside within the Board’s jurisdiction,
- must represent the geographic area where the student(s) is enrolled,
- must support the Mission, Vision and Values of the Niagara Catholic District School Board, and
- must fully participate in the Annual Commissioning Ceremony of NCPIC members.

Nomination forms and self-nomination forms must be received no later than **4:00 p.m. EST., on Friday, October 24, 2014**. Nomination forms will be date stamped for receipt. Nomination forms that are incomplete will not be accepted. The receipt of the nomination will be confirmed by e-mail, or by phone call.

The following twelve (12) Parent/Guardian positions are available for the 2014-2015 Niagara Catholic Parent Involvement Committee Membership:

Niagara Falls/Niagara-on-the-Lake	2 positions	Parent/Guardian Representatives
St. Catharines	2 positions	Parent/Guardian Representatives
Welland	2 positions	Parent/Guardian Representatives
Fort Erie/Port Colborne/Wainfleet	2 positions	Parent/Guardian Representatives
Thorold/Merritton	2 positions	Parent/Guardian Representatives
Grimsby/Lincoln/West Lincoln/Pelham	2 positions	Parent/Guardian Representatives

Interested parties are to complete and submit the appropriate form to the attention of Yvonne Anderson no later than **4:00 p.m. EST., on Friday, October 24, 2014**.

Please send to: Catholic Education Centre
 427 Rice Road
 Welland, ON
 L3C 7C1

Attention: Yvonne Anderson or e-mail yvonne.anderson@ncdsb.com

Complete applications received by 4:00 p.m. EST., on Friday, October 24, 2014 will be considered.